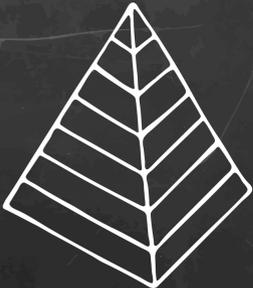


PSYCHOLOGY



Introduction of the book:

I am so blessed and lucky to write another book open minded people with a psychic eye born into psychology what made me come up with this idea to write this book is because I am taking up psychology courses to become a psychiatrist I really hope that you enjoy reading this gifted masterpiece by me thank you and GOD bless.

Janessa J. Jordan-Rowell

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The Power In Psychology

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Chapter One

Power

The power in psychology not everyone thinks alike our brains are different it is wonderful to know whether we are left or right brain thinkers there are many elements in psychology the mind language in memory and development. There is power in psychology awesome almighty power genius psychology for a gold mind there are many individuals that have that kind of mind and can multitask power authority, jurisdiction, control, command, sway, dominion mean the right to have psychology govern or rule determine. Power implies possession ability authority implies power for a specific purpose within specified limits to official power exercised the mind power mental or moral state psychology is the study of mind and behavior it is an academic discipline and applied science which sense to understand individuals and groups by establishing general principle a psychologist can be classified as a social, behavioral, or cognitive scientist. There is power in having a psychic mind with a lot of things that you know psychologist attempt to understand the role of mental functions in an individual and social behavior while exploring the physiological and biological process the underline cognitive functions and behaviors. The power in psychology explore concepts such as perception, cognition, attention, emotion, intelligence, phenomenology, motivation, brain functions, personality, behavior, and interpersonal relationships, including psychological resilience, family resilience, and other areas. A good mind has exertion of strong influence if control over others in a variety of settings a brain test to transform psychic powers of wisdom and knowledge this

will have a very strong impact on others by reading the interpersonal skills of psychology power.

Chapter Two

Psychological

Some people have good psychological powers to read minds that is because they know how to study minds and they are mind readers they are called psychics their jobs are having the gift to see read and know the future of the outcome of things that is going to happen psychological reality gifted powerful see through and see forth like physical psychological damage in an individual awareness arising power in the mind the psychological basis that is involving to affecting a person's mind the feelings and thoughts that they have connected to study for how people minds works it has a very big impact or can persuade other people. Psychological powers have many sources to the management over punishment and demand obedience other people identification with draw to allegiance for the power holder if a mindset in people's belief that the power holder has dominant skills to mental disorders and actions mind, emotions, influenced by psychological powers bodily ailment.

Chapter Three

Mental Functions

*M*ental connections to how to function and how to manage the cognitive operation to having powers to remember certain things storing knowledge into your basic brain mind gaining power mental functions knowledge to know things to put into use ideation development and levels to a mental state logical understanding a mental function power that a person may have which makes them different to focusing attention on something mutations to knowledge weather it is oral, written, or silently in one's mind and behavioral information perceived as acts of people the mind mental functions the ability to judge whether or not information is accurate which is human intellect.

Chapter Four

Social Behavior

Out in the social world behavior the time and place for events people control their behavior power in the social psychology the emphasis is on behavior between individuals and others on behaviors independently or in social groups I feel that an independent person has more psychology power than being in social groups. Communication social behavior directed towards or taking place between exhibited into a wide range including social bacteria the power in psychology is clear scientific study to how people think how they may feel and how their behavior is and who are the influences behind the actual imagined, implied presence of others there is power in human behavior attitudes, genetics also culture aggressive mind power behavior gaining attention and power and to have control. Notice situations social behaviors serves many purposes and is exhibited by an extraordinary wide variety of animals including invertebrates fish, birds, and mammals the social behaviors are not only displayed by humans and animal possessing well developed brains full power and nervous systems. What benefits of power in the social behavior ones acts actions and practices thinking moral intentional behaviors as a person in the social public world dispositional features of individuals power perceived in social behavior on how to present yourself and how to carry yourself obeying the rules and conforming to socially accept behavior from the people your hanging around and being in the social life behavior world empathy is a strong motive in electing social behavior and has deep evolutionary roots. Social behavior power individuals are likely to

maximize their rewards and minimize their cost when determine whether or not to give aid in a situation that is, that people are rationally self-motivated the social behavior is more likely to occur if the cost of helping is low minimal time, minimal effort if helping would actually benefit an individual providing the help in some way and if the rewards of providing the help are large if it is individuals interest to help they will most likely do so especially if the cost of not providing the help is great. In social behaviors there are such charitable giving are often driven by personal feelings of what the right thing to do is in a given situation social behavior is believed to be determined by intrinsic rather than extrinsic motivations the possible explanation is that social behaviors such as donating take place in a private setting in the absence of any exogenous social pressure the behaviors is moral considerations however, that social and moral norms are closely related because social groups deliver standard for what is viewed as right or wrong when social norms have been internalized that they become a personal moral norm operating independently.

Chapter Five **Biological**

The biological power in psychology in relations to the science which integrates that area of overlap between biology and psychology it studies the reciprocal relationship between the underlying physiological events which affects some psychological processes in vice versa this is called physiological psychology which the biological approach believes us to be a consequence of our genetics and physiology. This is the only approach in psychology that examines thoughts, feelings, and behaviors from a biological and physical point of view that others have therefore, all that is psychological is first physiological power in all the thoughts, feelings, and behavior ultimately have a biological cause there is many powers in biological physiology to how the nervous system and hormones work how the brain functions also how changes in structures functions can affect behavior. People somehow ask how prescribe drugs to treat depression affect behavior through their interactions with nervous system the good inheritance in the power biological mind body phenomenon.

Chapter Six

Brain functions

It is good to wake up in the morning and have breakfast the most important meal of starting your day so that your feeding your brain and so that the brain can function properly the way that it needs to a regular memory routine constantly in the mind with the power of brain functions you can control a lot of intellectual ability the brain is in coordinating order the human brain is the portion of the central nervous system in vertebrates that lies within the skull we as humans our brain weighs about three pounds the differences in the weight and size does not correlate with differences in the mental ability the power brain is the central center for movement, sleep, hunger, thirst, and virtually every other vital activity necessary to survive the whole entire theory of the structure and functions of the mind suggest that the two differentiates of the brain controls two different modes of thinking the experimentation has shown that all human beings have two sides or hemispheres of the brain are responsible for different manner of thinking the following brain functions has tables that illustrates the difference between left brain and right brain thinking most of the individuals have a distinct preference for one of these style of thinking the whole brain can equally adept at both modes the power in the general brain functions schools tend to favor left brain modes of thinking whole downplaying the right brain ones our human minds brain are left brain scholastic subjects that focus on logical thinking, analysis, and actuary right brain subjects which is on the other hand, focus on aesthetics, feeling, and creativity for the left brain there are six subjects and they are logical, sequential, rational, analytical, , and look at parts for the right brain the six subjects are random, intuitive, holistic, synthesizing, subjective, and looks at wholes brain functions to mind calculation.

Chapter Seven

Natural Science

*N*atural power psychology science mind body and soul chemistry the wonderful knowledge energy to transformation to match objectively measurable phenomena natural science is the rational study of the universe to rules or laws of natural order human beings has mathematics and logic methodology the power in psychology natural science is very earthly the astronomy includes the examination study and modeling of stars and plant, comets, galaxies and comes observation the laboratory reproduction of celestial phenomenon and natural history natural science can be broken up into two main branches life science psychology is usually considered as social science I'm curious through if internal psychology as it relates to the human person themselves is a natural science.

Chapter Eight **Humanities**

Psychology humanities is a greater depth in understanding the academic disciplines to who we are as humans the humanities are the reflection on our fundamental as to the questioned asked what does it mean to be human? The humanities offers many clues but never complete the answers the secrets to humanities reveals how people have tried to make moral, spiritual, and intellectual sense of a world where irrationality, despair, lonelier, and death are as conspicuous as birth, friendship, hope, and reasons psychology humanities to pleasure the pursuit of knowledge to knowing a lot and having the great power in psychology humanities no matter of the human race with the study and creations of visual works of liberal arts humankind it is well quality of being humane benevolence all mankind humanities is a modern classical study of interpretation being human to sense the curiosity to the inevitability of isolation the value of human being individually the collectively that generally prefers individual powers of thought and evidence we as humans take responsibility for our own lives and choices to the growth in self-awareness and understanding others the love of wisdom to seek the truth through reasoning rather than empiricism humanities to the comprehensive system of belief the human mind view the outlook regarding fundamentals principals underlying some domain in the power of psychology. The human discoveries will be the benefit to all humanities as individuals taken the time out to study general knowledge and intellectual skills in all human humanities resources in dedicates to learning globally reaching the mindsets of other human beings worldwide humanities is very important it enrich and

ennobled us and pursuits it is worthwhile even if they are useful all the facts of the humanities are socially useful human critical and imaginative thinking about the issues that confront us as human citizens and as human beings there are many reasons of the open minded discussions of the basic values that are at stake in the various policies and practices that are proposed to address these issues by all human beings understandings are appreciating the experiences of others and the ways in which the issues that confronts to us now have been understood in other times places and cultures humanities concern themselves with the complete record of human experiences to exploring assessing interpreting and refining it while at the same time adding to it we as humans need the humanities without humanities we cannot possibly govern ourselves wisely or well or live the kind of life that we would like to live.

Chapter Nine **Philosophy**

Power life philosophy in the mentalist and behaviorism our human nature mind and brain is cognition thoughts to the philosophy of mind we are humans considered as rational creature's philosophy is calling to our knowledge so that we can get the insight on what reality philosophy feeling is there is power in a philosopher who write like me as being an author who love to write books so people can read and enjoy my books and point out the main points of agreements to which chapters they may like. Philosophy critical thinking to observation or experiment and from religion in the purpose that is entirely intellectual and allows no place for faith or revelation the mind of philosophy into direction for the human mind particular set ideas about knowledge that we have living in our truth and in nature with meanings of life calmness of temper which is befitting as an philosopher human beings pursuit there wisdom to analysis if the grounds of and concepts to expressing the fundamental beliefs the power in philosophy is that it is most important to understand how and why people do certain things and how to live a good life I always give myself thanks as an philosopher as to doing my best job and to always think big thoughts because it is an rational investigation of questions about existence to knowledge and ethics philosophy it is my personal belief on how to go about how to like and deal with situations on my own which I would be called self-indulgence to my philosophy.

Chapter Ten

Human Activity

Humans cannot go without day to day activities it feels good to get up in the morning and take a shower and start your day of activities to what you have planned out if there is no human activity life would be so boring without the deed events of agendas. Human action to something that we have to do or something that has already been done in the actions taken personally individually or by a group of people to enjoy themselves basically in the state of being active to the lively movement to life the human active liveliness natural and normal function I am happy to have a mindset to my human activity which is to write I enjoy writing it is such a big exercise for my fingers to personal use which makes me energetic to finger movement action in my human activity experience for some reason I do not like to be around a group of people now that I am twenty six years old it is because in the human activity life some people actions are different from others pleasure of entertainment the number of disintegrations human activities are exciting to most human beings because most humans are not always active a lot because they do not get out as much some people are sometimes content with just sitting around chilling because they be so use to doing that so that settles in after a while as being their daily routine. Humans does have human activity power to keep your body moving in motion full of life activities to do keeping yourself busy so that your body is functioning your brain is functioning our human bodies are also connected with climate change which is related to human activity creating the conditions for human life to evolve all carbon dioxide this is naturally absorbed by oceans, forest, and other ecosystems based on the human atmospheres humans cause climate change because of their kind

and considerations to natural life human activity we are born humans to human nature activity with our abilities and skills as individuals consistently interacting with people.

Chapter Eleven

Interpersonal Relationships

Close interpersonal relationships strong and deep love does anybody have the power to keep their relationships alive? The answer is yes if you are a strong minded person and have that psychology interpersonal relationships with trust no one can absolutely tear down what you built there are different kinds of interpersonal relationships they are with family, kinship, friendship, marriage, work, clubs, neighborhoods, place of worship in life society it is up to you to become committed to your interpersonal relationships without interference it is your interpersonal relationships mutual agreement of importance human beings need love and need to feel loved both sexual and nonsexual with the acceptance from social groups or with whomever you just have to be strong enough to overcome physiological and have that power in safety needs some people have abusive parents or have abusive romantic relationships this is which the psychobiological drive to belong as entrenched many relationships are so important for their ability to help individuals to develop a sense of self the interpersonal relationships is the relational self it is the part of an individual's self-concept that is consists of the feelings and beliefs to oneself that develops based on interactions with others for one's human interpersonal emotions and behaviors are shaped by relationships self-theory posits that is prior to existing relationships which influence by ones emotions behaviors in the interactions with new individuals interactions with new individuals interpersonal relationships with him or her of others in his or her life the power is that the ability is to reach the levels to one as termed as dominant or submissive to communicate with intention to assert

and maintain interpersonal relationships because being submissive can be a lot beneficial as to saving time power expressions as emotional, stress, hostile actions such as withholding resources, the cessation of cooperation, termination of the relationship, maintain a grudge, or even physical violence. There are a lot of stages in the interpersonal relationships to beginning a lifespan and an ending which humans tend to grow and improve gradually this is the natural development stages to interpersonal relationships the acquaintance and acquaintanceship as to becoming acquainted depends on previous relationships physical proximity and first impressions there are variety of other factors two humans begin to like each other as to continuing interactions may lead to the next stage but acquaintance can continue indefinitely the next stage is buildup during this stage of buildup people begin to trust and care about each other their need for intimacy is compatibility and is such filtering agents as commons background and goals which will influence whether or not interactions continues. On to the next stage which relates to the interpersonal relationships which is continuation this stage follow a mutual commitment to quite a strong and close long term friendship, romantic relationships even marriage this is generally a long relatively stable period as continued growth and development will occur during this time the mutual trust is important for sustaining the relationships step four to stage deterioration not all relationships deteriorate but those that do tend to show signs of trouble as to boredom, resentment, and dissatisfaction may occur many individuals may communicate less and avoid self-disclosure the loss of trust and betrayals may take places as the downward spiral continues eventually to ending the relationships. The final stage to interpersonal relationships is termination the final stage means at the relationship it is either by breakups deaths or by spatial separation for quite some time and severing all existing ties of either friendship or romantic love at the ending of the day there will be some type of interpersonal relationships satisfaction for everyone to be flourishing, budding, blooming, blossoming into interpersonal relationships for growth and resilience.

Chapter Twelve

Symbolic Interpretation

Reading the signs of symbolic interpretations, interpretation it is people that know how to speak sign language silently speaking this is called symbolic interpretation many human beings do certain things based on signs and symbols if your smart enough and have the symbolic interpretation power to read and see through the signs that is logic formal language which can also be used in mathematical format there is true values to symbolic interpretation the prepositional logic is consists of formulas built up from propositional symbols there are many different symbolic interpretations the names are called centennial symbols, sentential variables and last but not least propositional symbols they are all logical connective the interpretation of the theory is the relationship between a theory which is the subject matter when there is many to one correspondence all symbols have they own identification signature a symbol can involve a feeling or an idea and often has a much more profound and deeper meaning than any one word can convey symbols of flower, animal, color, religious, popular symbolism. Symbolic interpretation are interactions with the theory that has been used correctly in psychology, and sociology the power is to be forced to interpreted the symbols because symbols have a lot of meaning to them so always pay attention to the symbol interpretation journey to gain in spirit of supreme strength and fearlessness to have the dominion and authority because legendary symbolic interpretation is power and is considered symbols of victory.

Chapter Thirteen

Mental Health Problems

Some people have mental health problems because they know a lot or been through a lot so it is all in their minds because whatever human beings go through it is stuck and locked into their brains because the memory is still there sometimes people like to remind you have hard times from which a person could have already been over or pass the stage. Mental health problems is caused by life problems and situations which cause mental illnesses with this being nicely written this is what trigger mental health problems and this is why some people turn to alcohol, drugs and other toxins and conditions because it is in the womb and once it is there it links into mental illness which is a mental health problem the Brian chemistry is naturally occurring brain chemicals that carry singles to others parts of the human brain and body these chemicals are impaired to the function of their nerve receptors and the nerve systems change also lending to depression. Some people are smart enough to go make appointments and go see psychiatrists so that they can get treatment for their mental illness or psychiatric disorder for behavioral or mental patterns that can cause suffering or poor ability to a human being these are the list of the names to mental health problems depression, bipolar, suicide, anxiety, addiction, schizophrenia, eating disorders, OCD, personal disorders, ADHD, and chemical dependency so basically the interactions to life situations cause these problems and people that have these mental health problems they become disable receive a social security check every month but to my knowledge of what I feel these mental health problems can kill a

human being and they can die from their mental illness health problems so life situations make humans beings mental to cause mental health problems some have the power to overcome mental health problems and get help not only from a professional doctor because there are ways to get well and to get over the mental health problems that is disrupting your life.

Chapter Fourteen

Clinical

Health clinics are often crowded and packed from where many people come to visit to get their problems solve considered as patient's doctors run test on them to see if they are in good health and go based on test results it is good and best that doctor in clinics have test evaluations to laboratories so that they can evaluate test results that patients have already taken so that they give to patients because as a doctor working in a clinic you have to be sure not to misdiagnose them for an illness and give them wrong treatments medicine as psychologists we have to observe a lot of things that is being taken place in clinics. When most patients is in the clinic and you tell them certain things about their health they tend to get emotional and do not know how to react clinical psychology is clinical knowledge which stands out to be for good purpose of understanding also to prevent the relieving psychologically based distress the power in clinical psychology is well-being for personal development when visiting a psychologist they give their patients psychological assessment test to see were their patients is and this is called psychologist is engaged to teaching and consulting with the patients that they have when visiting psychologist some clinics take insurances depending on what kind of health insurance they have and also do the patients insurances cover to see the psychologists some patients pay out of pocket to see psychologist some psychologist consults with patients for free to see what is they health problem psychologists consults with children, men, and women the psy.d clinical psychologist are all considered as experts in providing psychotherapy they are trained for their work like humanistic and behavior therapy also

cognitive behavioral, system, and family therapy psychologist are highly recommended because they went to school for the profession and have degrees and training certificates to practice in this kind of field to work in clinics or some psychologist owns their own practice and brunch out on their own just because they are that good in what they do the clinical test that most psychologist given to patients is intelligence and achievement test which this type of test is designed to measure certain specific kinds of cognitive functioning like IQ the tests are used to attempt and measure such traits as general knowledge, verbal, skills, memory, attention span, logical reasoning, and visual spatial perception the next test is personality test which is to describe the patterns of behavior, thoughts, and feelings this is generally to fall into two categories which is objective and protective the objective is measures to be based on restricted answers such as yes or no, true or false, or a rating scale the computer gives the scores that can be compared to a normative group the protective test is such test to be allowed for open ended answers often based on ambiguous stimuli and presumably revealing none-conscious psychological dynamics the other test is called neuropsychological test this type of test is for psychological functions known to be linked to a particular brain structure and pathway this is typically used to assess impairment after an injury or illness known to affect neurocognitive functioning the whole contrast is to neuropsychological abilities across experimental groups the last test is the clinical observation test clinical psychologist is trained together data by observing behavior the psychologist clinical interview is vital apart of assessment and even when using the other formalized tools for which can employ either a structured or unstructured format the assessment looks at certain areas like general appearances and behavior, mood, and affect perception, comprehensive, orientation, insight, memory, that content of Communication the clinical psychiatry to the screening tools to treatment and testing to the translation solutions for clinical patients who is people in need of medical care.

Chapter Fifteenth **Counseling**

Counseling taking the time out to listen and hear other people problems by venting and solving them by talking and counseling it is so much better to sit down and counsel with a professional that has a really good gift to give excellent advice and guidance to resolving the client's personal conflicts that they are facing in their life it can be such an emotional consultation to handling these private problems of difficult situations people tend to feel much better and well after someone talk and speak to them so that some of the things that bothers them they get to get it off of their chest in my consultations when I become a psychologist I am going to ask my clients magical questions that will point me in a direction to help them with their issues and problems so that I can sort everything out and put the pieces to the puzzle to what is troubling them. When people are being targeted and attacked and fighting a battle they need consulting so that their soul and body is at ease they will really be needing that extra eye out for someone to watch over them because they will know what is going on with that person just in case something happens the counselor has a very awesome good power to voice their opinions as to future procedure to talk and put bright ideas inside if that client's mind so that they will be better and well it is just guarded thought of positivity to what they would recommend that pacific client to do. Meeting one another in great conversation from which the counselor allows him or her to talk about what is bothering them so that they get help it is all about advice and decisions and it is up to that client weather him or her listen to the counselor so that they will overcome the problems with counseling your life will change even your situations will

change just as long as people are wise enough to get counseling and get supervision because supervision is powered psychology eye that is watching psychologist is a focus person that has many strengths and have experience and knows about therapeutic relationships.

Chapter Sixteen **Cognitive**

*S*n our human minds of thoughts are cognitive we produce the attention to language in the use of memory, perception, problem solving, creativity, and thinking it is always the right choice to pay attention to what we think as human beings our first intuitions as the mental abilities to learning. What we learn is the cognitive information process that transform into our brains and minds the human minds are analogous to sophisticated computer system your brain can work like a computer system because it has memory stored inside of it and that is incredible to stay alert get attention have memory perception in the human physical sense in sight, smell, taste, and touch also the power psychology language to understanding the timing language acquisition the metacognition is the human board sense in the thoughts that a person has about their own thoughts like déjà vu, cryptomnesia, false fame effect, validity effect, and imagination inflation most humans go through the cognition stages of life the abnormal psychology, social psychology, developmental, psychology, educational psychology, and personal psychology these are all the stages to the cognition life the power in cognition is that the cognitive psychology is the relationship applied to psychology so apply the cognitive information to your brain to gain.

Chapter seventeen
Psychopharmacology

Without the psychopharmacology treating mental disorders I wonder would also keep these disorders under control I know a very good natural treatment for these disorders and it is men and women one a day multivitamins it helps and controls many disorders and depression these are relevant facts from me as an author who know about certain things vitamins are also used as medicine for the human breath, life, and soul in the modern world drugs are used to tart illnesses to make the human person better I would rather go with the natural supplements they are better then drugs when taking drugs there are a lot of side effects to them which can make you seven sicker it is all about the natural sources of being well as a human being and they can keep their mental and emotional functions that affects humans under control some vitamins supplements are good health plants that is grown from the ground that cures psychiatric illnesses like antipsychotic, antianxiety, antidepressant, and antimanic a lot of individuals are suffering in the world from mental illness that affects the mind and brain.

Chapter Eighteen

Facilities Communication

The caregiver to facilities communication where there is assistance to communicating with people with disabilities helping them with the movement of hand gestures providing the physical support from which is needed typing pointing the facilitator providing the verbal prompts and moral support it is special behavioral therapy it is very successful treating in some cases of autism the communication impaired individual using a keyboard computer aid as communications. Using the computer is great communication and it is very helpful especially for people with mental illnesses and autism in the facilities communication area the nurses is the helpers who helps people and the facilitator reduces his or her control for the autistic persons movement for the autistic people will eventually initiated movement and activities spontaneously most clients and families currently scientific validity and reliability of facilitated communication most messages are originated with an facilitator the communication does have negative consequences the human beings that have disabilities does need appropriate treatment supplants other forms to communication and can lead to false or unsubstantiated allegations of abuse or mistreatment the speech language pathologist are autonomous professionals that have the responsible for critically evaluating all treatments techniques in order to hold paramount the welfare of the human persons served in accordance with the ethics to facilitated communication promised to revolutionize the way to treating debilitating conditions.

Chapter Nineteen
Health psychology

*M*ost people need health psychology help where the occupational health is because smoking and alcohol can affect your mind set if you do them on a daily basis it can affect the human brain in some type of way this is called stressors affecting and can cause virus or tumors the applied knowledge that you have already can be saved and stay healthy by keeping your health psychology up so that there is no harm you can keep your health psychology in place by eating healthy and preventing illnesses.

Chapter Twenty

Self-Concept

Is it better to self-concept? Yes, it is power in perceiving yourself and being aware of oneself that is himself or herself with age, gender, and size the physical self-image to what you see in yourself look in the mirror and look at your self you made for you. When you look in the mirror the question is who am I? You are a human being and spiritual being who has self-concept you as a person sets your own personality traits for yourself as we age we grow our features change the power in self-concept is that self-concept is normal everyday language psychologist and professors leading their students and teaching them showing them the way as teaching to help us get better in our lives. Self-concepts are often an ever-changing concept depending on the person because of our feelings, personal beliefs system and attitude this can change new information is shown to us or revealed to us this is the qualities that make us who we are as human beings self-concepts self-identity mental and conceptual understanding in regard that sentient beings hold for the human beings own existence.

THE END